



GARSFONTEIN ICE BREAKER

21.1KM | 10KM
5KM | 1KM
4 JULY 2026

GARSFONTEIN PRIMARY SCHOOL

IMPORTANT! The venue is an alcohol-, smoke- and cash free zone

DISTANCE	ENTRY FEE	START TIME	MINIMUM AGE	PRIZE GIVING	CUT OFF	LATE ENTRIES	VITALITY POINTS	ENTRIES CAPPED AT
21.1KM	R250	07:00	16 YEARS	09:00	10:30	R280	1500	900
10KM	R170	07:00	14 YEARS	08:30	10:30	R190	600	1300
5KM	R80	07:15	9 YEARS	NONE	10:30	R90	FUN RUN	500
1KM	R50	07:20	-	NONE	08:00	R50	NONE	100

TEMPORARY LICENSE REQUIRED FOR NON REGISTERED ATHLETES ON THE 21.1KM & 10KM: R70

THESE ENTRY FEES EXCLUDE SERVICE CHARGES

70+ ATHLETES: FREE, EXCEPT YOUR LICENSE FEE (PLEASE NOTE - NO PRIZE MONEY WILL BE GIVEN FOR 70+ AGE CATEGORIES)

ONLINE ENTRIES FROM 15 APRIL - WWW.ENTRYNINJA.COM (UNTIL 30 JUNE 2026 MIDNIGHT)

MANUAL ENTRIES

• RUN-A-WAY SPORT (302 FREESIA ST, LYNNWOOD RIDGE)
FROM 31 MAY TO 1 JULY (PLEASE CHECK WITH SHOP FOR OPERATING HOURS)

LATE ENTRIES AND RACE NUMBER COLLECTION

- AT THE VENUE (GARSFONTEIN PRIMARY SCHOOL - PETRONELLA STR. ENTRANCE)
3 JULY FROM 14:00 UNTIL 17:30
- AT THE VENUE (GARSFONTEIN PRIMARY SCHOOL - PETRONELLA STR. ENTRANCE)
RACE DAY FROM 05:30

SCAN HERE
FOR EASY ENTRY



Don't miss out!
Buy your pair of socks
for only R100.



Athletics
Gauteng North



WINGATE
WINGATE ROAD RUNNERS
Home to Pretoria's Toughest Time Trial



PRIZE MONEY

POSITION	OPEN	JUNIOR	40-49	50-59	60-69
21.1KM RUN MALE AND FEMALE					
FIRST	R1100	R600	R300	R300	R300
SECOND	R800	-	-	-	-
THIRD	R600	-	-	-	-
10KM RUN MALE AND FEMALE					
FIRST	R800	R400	R200	R200	R200
SECOND	R500	-	-	-	-
THIRD	R300	-	-	-	-
21.1KM WALK MALE AND FEMALE			10KM WALK MALE AND FEMALE		
FIRST	SECOND	THIRD	FIRST	SECOND	THIRD
R500	R400	R300	R350	R250	R150

Brand new unique leather medals, that can also be converted into a keyring, to all finishers!



SCAN HERE FOR THE ROUTE MAP



RULES AND ADDITIONAL INFORMATION

- THE RACE IS RUN IN ACCORDANCE WITH THE RULES OF ASA AND AGN.
1. ATHLETES WHO DO NOT ADHERE TO THE RULES, WILL BE DISQUALIFIED.
 2. LICENSED ATHLETES MUST WEAR 2026 LICENSES AT THE BACK AND IN FRONT OF THEIR VESTS, TEMPORARY LICENSES MUST BE WORN AT THE BACK OF VEST.
 3. RACE NUMBERS MUST BE WORN IN FRONT OF THE VEST AND SHOULD NOT COVER THE LOGOS OF THE LICENSE NUMBER.
 4. WALKERS COMPETING FOR PRIZE MONEY MUST WEAR W TAGS ON THE FRONT AND BACK OF THEIR VEST.
 5. AN ATHLETE CAN QUALIFY FOR PRIZE MONEY IN THE OPEN CATEGORY AS WELL AS THE AGE CATEGORY THAT HE/SHE ENTERED FOR.
 6. AGE CATEGORY TAGS MUST BE WORN IN FRONT AND AT THE BACK OF VEST BY ATHLETES COMPETING FOR CATEGORY PRIZES.
 7. PLEASE OBEY ALL MARSHALS, TRAFFIC AUTHORITIES AND TRAFFIC RULES.
 8. NO SECONDS, CYCLISTS, PETS OR ROLLER BLADES ALLOWED. NO IPODS OR LISTENING DEVICES.
 9. ALL ATHLETES PARTICIPATE SOLELY AT THEIR OWN RISK AND THE ORGANIZERS AND SPONSORS WILL NOT BE HELD RESPONSIBLE FOR ANY INJURY, ILLNESS, ACCIDENTS OR THEFT OCCURRING DURING OR AS A RESULT OF THE RACE.
 10. INTERNATIONAL FOREIGN ATHLETES MUST PURCHASE A TEMPORARY LICENSE NUMBER AND MUST PRODUCE CLEARANCE FROM THEIR MEMBER FEDERATION IF ARE CONTENDERS FOR PRIZES'

CLUB GAZEBO'S WELCOME | DUSTBINS AT WATER POINTS | REFRESHMENT STATION +/- EVERY 3KM | MEDICAL SERVICES WILL BE PROVIDED
 REFRESHMENTS WILL BE ON SALE AT THE VENUE | TOG BAG AREA WILL BE AVAILABLE
 PARKING IN STREETS SURROUNDING THE SCHOOL – SECURITY GUARDS WILL BE ON-SITE | PLEASE ARRIVE EARLY TO AVOID TRAFFIC CONGESTION
 NO LITTERING ALONG THE ROUTE PLEASE #RUNCLEAN | RACE RESULTS AVAILABLE ON RESULTS.FINISHTIME.CO.ZA

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 All telephonic inquiries - weekdays only, between 08:00 and 15:30
 For inquiries after hours, please send a WhatsApp, or email to nataschadj7@gmail.com

RACE ORGANIZED BY WINGATE ROAD RUNNERS & DUTCH REFORMED CHURCH GARSFONTEIN.
 ALL PROCEEDS FROM THE RACE WILL BE USED FOR CHARITY OUTREACHES BY THE CHURCH



SCAN HERE FOR MORE INFO ON OUR CHARITIES